# **REFERENCES AND RESOURCES:**

Prepared by the <u>International Academy of Oral Medicine and Toxicology</u> (IAOMT) to accompany our Clinical Nutrition Online Learning Video and listed by video section:

### Dr. Weston Price:

Price WA. *Nutrition and Physical Degeneration*. La Mesa, CA: Price-Pottenger Nutrition Foundation. 2003. [Available for purchase from Price-Pottenger Nutrition Foundation.]

Book, photos, and other materials relevant to Weston Price <u>available at Price-Pottenger</u> <u>Nutrition Foundation</u>.

### Dr. Royal Lee:

Lee R. *Vitamin News: Part of the Royal Lee Library Series.* Milwaukee, WI: The International Foundation for Nutrition and Health. 2006.

Photo courtesy of <u>International Foundation for Nutrition and Health</u>. More information on Royal Lee, DDS, <u>available at International Foundation for Nutrition and Health</u>.

# Dr. Harold Kristal:

Photo Courtesy of Vernon Philpott of Metabolic Nutrition

More information on Harold Kristal, DDS, available at Metabolic Nutrition.

### Dr. Ralph Steinman:

Steinman R, Leonora J. *Dentinal Fluid Transport*. Loma Linda, CA: Loma Linda University School of Dentistry, 2004.

More information on the research of Ralph Steinman, DDS, available at ResearchGate.

### Current Research:

Photo of <u>Books over Doorway from Pixabay</u> by user <u>ninocare</u> Nino Carè.

Video of <u>Running on Trail from Pixabay</u> by user <u>Stuck 1</u> Ramon Stuckey.

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Photo of fast food by Motisances at

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Video of <u>Heart Beating from Pixabay</u> by user <u>F1 Digitals</u>.

Mendonça DD, Furtado MV, Sarmento RA, Nicoletto BB, Souza GC, Wagner TP, Christofoli BR, Polanczyk CA, Haas AN. Periodontitis and tooth loss have negative impact on dietary intake: A cross-sectional study with stable coronary artery disease patients. *Journal of Periodontology*. 2019 Oct;90(10):1096-105. Abstract available from: <u>https://aap.onlinelibrary.wiley.com/doi/abs/10.1002/JPER.19-0036</u>

Southward K. A hypothetical role for vitamin K2 in the endocrine and exocrine aspects of dental caries. *Medical Hypotheses*. 2015 Mar 1;84(3):276-80. Available from: <u>https://www.sciencedirect.com/science/article/pii/S0306987715000328</u>

Takahashi N. Oral microbiome metabolism: from "who are they?" to "what are they doing?" *Journal of Dental Research*. 2015 Dec;94(12):1628-37. Abstract available from: <u>https://journals.sagepub.com/doi/abs/10.1177/0022034515606045</u>

Dentistry and Nutrition in Everyday Practice:

Photo of **Dentist with Lamp from Pixabay** by user **Movidagrafica** Rafael Juárez.

Photo of <u>Dental X-Ray from Pixabay</u> by user <u>dreverton9</u> Everton.

Photo of <u>Three Sugar Cubes from Pixabay</u> by user <u>Humusak</u> jan mesaros.

Anderson CA, Curzon ME, Van Loveren C, Tatsi C, Duggal MS. Sucrose and dental caries: a review of the evidence. *Obesity Reviews*. 2009 Mar;10:41-54. Available from: <u>https://www.researchgate.net/profile/Marleen Van Baak/publication/41042439 Sum</u> <u>mary and general conclusionsoutcomes on the role and fate of sugars in human</u> <u>nutrition and health/links/0c9605396da8775ed2000000/Summary-and-general-</u> <u>conclusions-outcomes-on-the-role-and-fate-of-sugars-in-human-nutrition-and-</u> <u>health.pdf#page=45</u> Photo of <u>Sugar Teaspoons from Pixabay</u> by user <u>ulleo</u> Ulrike Leone.

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Rugg-Gunn A. Dental caries: strategies to control this preventable disease. *Acta Medica Academica*. 2013 Nov 15;42(2):117.Available from: <u>https://pubmed.ncbi.nlm.nih.gov/24308392/</u>.

Photo of <u>Pile of Sugar from Pixabay</u> by user <u>955169</u>.

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Takahashi N, Saito K, Schachtele CF, Yamada T. Acid tolerance and acid-neutralizing activity of Porphyromonas gingivalis, Prevotella intermedia and Fusobacterium nucleatum. Oral Microbiology and Immunology. 1997 Dec;12(6):323-8. Abstract available from: <u>https://pubmed.ncbi.nlm.nih.gov/9573805/</u>.

Photo of Sugar and Cigarette Butts from Pixabay by user Hans Braxmeier.

Kearns CE, Glantz SA, Schmidt LA. Sugar industry influence on the scientific agenda of the National Institute of Dental Research's 1971 National Caries Program: a historical analysis of internal documents. *PLoS Med*. 2015 Mar 10;12(3):e1001798. Available from: <u>https://journals.plos.org/plosmedicine/article?id=10.1371/journal.pmed.1001798</u>.

Photo of smoke from sugar mill: Forest and Kim Starr. Saccharum officinarum (Ko, sugarcane); Sugar mill smoke stacks last harvest season at Puunene, Maui, Hawaii. March 24, 2016; #160324-0638; starr-160324-0638-Saccharum\_officinarumsugar\_mill\_smoke\_stacks\_last\_harvest\_season-Puunene-Maui. Available from: <u>https://commons.wikimedia.org/wiki/File:Starr-160324-0638-Saccharum\_officinarum-</u> <u>sugar\_mill\_smoke\_stacks\_last\_harvest\_season-Puunene-Maui (26682334320).jpg</u>.

Photo of Periodontal Disease Graphic from Pixabay by user kreatikar Mudassar Iqbal.

Photo of <u>Never Stop Learning Devices from Pixabay</u> by user <u>geralt</u> Gerd Altmann.

In addition to the references above, the resources listed below are also being provided as relevant supporting materials:

Script for Clinical Nutrition Online Learning Video

Selected Scientific Literature Related to Clinical Nutrition

## Organizations Relevant to Clinical Nutrition

## • The American Nutrition Association (THEANA)

The American Nutrition Association (ANA) envisions a society of *Healthy People*, *Powered by Nutrition*. We bring that vision to life through our mission to Champion the Science and Practice of Personalized Nutrition. Six foundational values guide the work of the ANA: Nutrition is...Science, Medicine, Personal, Healthcare, Ecosystem, Everyone.

### • International Foundation for Nutrition and Health (IFNH)

The International Foundation for Nutrition and Health (IFNH) is a non-profit educational with the mission of keeping the spirit of Dr. Royal Lee and the work of the Lee Foundation alive. IFNH takes the responsibility and custodianship seriously for Dr. Lee, Dr.Price, Dr. Pottenger, Dr. Page, Dr. Harrower, Dr. Hawkins, DDS, Dr. Myers, Dr. Wiley, Dr. Tilden, MD, Dr. Béchamp, and more.

### <u>Price Pottenger Nutrition Foundation (PPNF)</u>

The Price-Pottenger Nutrition Foundation (PPNF) has been teaching people how to attain optimal health for over 60 years. The foundation honors Weston A. Price, DDS, and Francis M. Pottenger, Jr., MD, who made groundbreaking observations concerning the relationship of diet to health. From the original efforts of these early pioneers to those of current researchers, they offer lifechanging educational activities that empower people to change their life through health and nutrition.

# • The Weston A. Price Foundation (WAPF)

The Weston A. Price Foundation is a nonprofit, tax-exempt charity founded in 1999 to disseminate the research of nutrition pioneer Dr. Weston Price, whose studies of isolated nonindustrialized peoples established the parameters of human health and determined the optimum characteristics of human diets.

# IAOMT Friends and Allies Relevant to Clinical Nutrition

The IAOMT promotes active cooperation between dentists, other health practitioners, and researchers so that patients can experience a more optimum level of health. The following organizations advocate for integrative health approaches, and most of them offer directories of professionals who have incorporated the oral-systemic connection into their education and practices. **Explore our integrative health organizations and practitioners section at IAOMT's Friends and Allies** page to find access to professionals who can help patients with the nutritional component of their wellbeing.